

Ladybird Lane Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEK
Savoury Mince with rice and peas (cont. 2, 13) Peaches with Ice cream (cont. 7)	Sausage and mash Fresh carrots Gravy (cont. 2, 13) Choc Ice (cont. 7)	Vegetable Pasta with garlic bread (cont. 1, 2, 7,) Stewed apple sponge with custard (cont. 2, 7)	Vegetable casserole with wholemeal bread (1,2,13) Rice Pudding (cont. 7)	Tuna bake with pasta and cheese (cont. 2, 5, 7) Yoghurt (cont. 7)	1
Sausage and bean Pasta (cont. 2) Rice Pudding (cont. 7)	Shepherd's Pie Peas and Gravy (cont. 13, 2) Yoghurt (cont. 7)	Vegetable supreme with cous cous (cont. 2) Choc Ice (cont. 7)	Sweet and sour chicken stir fry and fresh noodles (cont. 1, 2) Banana and custard (cont. 7)	Homemade vegetable soup with wholemeal bread (cont. 1, 2, 13) Peaches/Ice Cream (cont. 7)	2
Tuna bake with pasta and cheese (cont. 2, 5, 7) Stewed apple sponge and custard (cont. 2, 7)	Cheese and potato pie with baked bean base & fresh carrots (cont. 7) Yoghurt (cont. 7)	Spaghetti bolognaise (cont. 2) Rice pudding (cont. 7)	Roast chicken roast potatoes broccoli Gravy (cont. 2, 13) Yoghurt (cont. 7)	Pasta in tomato sauce with sweet corn/onion and garlic bread (cont. 1, 2, 7,) Choc Ice (cont. 7)	3
Dhal and rice with Naan Bread (cont. 1, 2,) Low sugar Angel Delight (cont. 7)	Shepherd's pie carrots and gravy (cont. 13, 2) Choc Ice (cont. 7)	Mild chicken curry with rice (cont. 9, 7) Yoghurt (cont. 7)	Sausage and bean Pasta (cont. 2) Jelly and Ice Cream (cont. 7)	Vegetable supreme with cous cous (cont. 2) Banana and Custard (cont. 7)	4

Highlighted in **GREEN** are meals/ foods which contain one or more of the 14 allergens as provided by the Food Standards Agency.
Written in **RED** are details of which allergens are present in the food (please see list for further details)