



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TEA Week
Tomato Soup (7) with Wholemeal Bread (cont. 1, 2, 13) Rich Tea Biscuit (cont. 2,4,13,7) Fresh Fruit – Milk (cont. 7)	Freshly Cooked Noodles (cont. 2, 13, 4) Rich Tea Biscuit (cont. 2,4,13,7) Fresh Fruit – Milk (cont. 7)	Tuna Mayo or Jam Wholemeal Sandwiches Crisps (cont.5, 7, 9) Fresh Fruit – Milk (cont. 7)	Rice Cakes with Cream Cheese and Grapes (cont. 7) Rich Tea Biscuit (cont. 2,4,13,7) Fresh Fruit – Milk (cont. 7)	Hummus, Carrot Sticks, Cucumber Sticks and Wholemeal Pitta Bread (cont. 6, 12) Fresh Fruit – Milk (cont. 7)	1
Egg or Jam Wholemeal Sandwiches Crisps (cont. 7, 1, 2,13) Fresh Fruit – Milk (cont. 7)	Crackers with Cheese, Cucumber or Jam (cont. 2, 7) Rich Tea Biscuit (cont. 2,4,13,7) Fresh Fruit – Milk (cont. 7)	Fish Finger (5,2) Wraps (cont. 1, 2, 13) Rich Tea Biscuit (cont. 2,4,13,7) Fresh Fruit – Milk (cont. 7)	Cheese and Tomato Pizza (cont. 2, 13, 7) Fresh Fruit – Milk (cont. 7)	Cucumber Pasta Salad in Lemon and Olive Oil Dressing (cont. 2) Rich Tea Biscuit (2,4,13,7) Fresh Fruit – Milk (cont.7)	2
Sausage Rolls and Spaghetti (cont. 2) Fresh Fruit – Milk (cont. 7)	Marmite, Cheese or Jam Wholemeal Sandwiches Crisps (cont. 7,1,2,13) Fresh Fruit – Milk (cont. 7)	Vegetable Soup with Wholemeal Bread (cont. 1, 2,13) Fresh Fruit – Milk (cont. 7)	Freshly Cooked Noodles (cont. 2, 13, 4) Rich Tea Biscuit (cont. 2,4,13,7) Fresh Fruit – Milk (cont. 7)	Crackers with Cheese or Jam (cont. 2,7) Rich Tea Biscuit (cont. 2,4,13,7) Fresh Fruit – Milk (cont. 7)	3
Cheese and Tomato Pizza (cont. 2,13,7) Rich Tea Biscuit (cont. 2,7,13) Fresh Fruit – Milk (cont. 7)	Rice Cakes with Cream Cheese and Grapes (cont. 7) Rich Tea Biscuit (2,4,13,7) Fresh Fruit – Milk (cont. 7)	Cucumber and Cheese Wholemeal Sandwiches (cont. 7, 1, 2, 4) Fresh Fruit – Milk (cont. 7)	Fish Finger (5,2) Wraps (cont. 1, 2, 13) Rich Tea Biscuit (cont. 2,7,13) Fresh Fruit – Milk (cont. 7)	Potato Waffles with Beans (cont. 2) Fresh Fruit – Milk (cont. 7)	4

Vegetarian Options Allergen Information

Vegetable (Fish) Fingers, Vegetarian (Sausage) Rolls (cont. 7, 2)