

Ladybird Lane Tea Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEK
Tomato Soup with Wholemeal Bread (cont. 1, 2, 13) Fresh Fruit Milk (cont. 7)	Hummus and Wholemeal Pitta Bread with Carrot and Cucumber crudité (cont. 2, 13, 4) Fresh Fruit - Milk (cont. 7)	Sweetcorn and Cucumber Couscous salad (cont. 2) Fresh Fruit - Milk (cont. 7)	Rice Cakes with Cream Cheese and Grapes (cont. 7) Fresh Fruit - Milk (cont. 7)	Baked Beans on wholemeal toast (cont. 5, 6, 9) Fresh Fruit -Milk (cont. 7)	1
Sausage Rolls/Meat Free sausage rolls (V) and Spaghetti (cont. 7, 1, 2,13) Fresh Fruit- Milk (cont. 7)	Fish/Vegetable (V) Finger Wraps (cont. 5, 1, 2, 13) Fresh Fruit - Milk (cont. 7)	Selection of crackers with Cheese or Jam (cont. 2, 7) Fresh Fruit- Milk (cont. 7)	Cheese and Tomato Pizza (cont. 2, 13, 7) Fresh Fruit - Milk (cont. 7)	Egg, Jam or Cucumber Wholemeal Sandwiches Crisps (cont. 2) Fresh Fruit – Milk (cont. 7)	2
Cucumber Pasta Salad in Lemon and Olive Oil Dressing (cont. 2) Fresh Fruit -Milk (cont.7)	Selection of crackers with Cheese or Jam (cont. 2,7) Fresh Fruit – Milk (cont. 7)	Marmite, Cheese or Jam Wholemeal Sandwiches Crisps (cont. 7,1,2,13) Fresh Fruit – Milk (cont. 7)	Pilchards in a tomato sauce on wholemeal toast Cheese on toast (V) (5,2) Fresh Fruit- Milk (cont. 7)	Potato Waffles with Baked Beans (cont. 2) Fresh Fruit – Milk (cont. 7)	3
Cheese and Tomato Pizza (cont. 2,13,7) Fresh Fruit – Milk (cont. 7)	Rice Cakes with Cream Cheese and Grapes (cont. 7) Fresh Fruit – Milk (cont. 7)	Potato Waffles with Baked Beans (cont. 2) Fresh Fruit –Milk (cont. 7)	Cucumber and Cheese Wholemeal Sandwiches crisps (cont. 7, 1, 2, 4) Fresh Fruit – Milk (cont. 7)	Fish/Vegetable (V) Finger Wraps (cont. 1, 2, 5, 13) Fresh Fruit – Milk (cont. 7)	4